

NUS-Priority Research In Medical Education

Monday 1 July 2013

Attitudes Towards Duty Hours - Overshooting, Underlogging?



Dr Glen Liao Zi Qiang
Transitional Year Resident
Department of Orthopaedic Surgery
National University Hospital
National University Health System

Dr Glen is a surgically inclined Transitional Year resident. He is the TY representative. He is passionate about addressing current issues, medical policies, charities, and playing the violin.

Synopsis:

Duty hour violations, misreporting and sleepiness are prevalent, but not widely discussed. Yet, much manpower and costs have been invested to capture these data, and policies are structured upon them. We hope to address this elephant in the room with our recent study done on both residents and faculty: to explore the situation on the ground, subjective reasons for under-reporting, and the impact of sleepiness on medical errors and motor vehicle accidents.

If you are interested to share your medical education research project, please email ai_lian_lee@nuhs.edu.sg to book a slot.

SMC CME / CNE / CPE accreditation are being finalised

Time: 1.00pm to 2.00pm

Venue: Room T12-02, Level 12, NUHS Tower Block, 1E Kent Ridge Road, Singapore 119228

(Lunch is provided from 12.30pm to 1.00pm. Please RSVP Ai Lian at

<https://www.surveymonkey.com/s/NUS-PRIME1Jul13> before 27 June for catering purpose.)

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Sleepiness in Residents and Faculty Members



Dr Abhiram Kanneganti
Resident
Department of Obstetrics & Gynaecology
National University Hospital
National University Health System

Dr Abhiram is a PGY2 resident at the National University Hospital and an alumnus of the Yong Loo Lin School of Medicine. He has a keen interest in medical education since his student days and sees it as instrumental in creating better doctors. He hopes to nurture this interest & participate in resident education as he himself undergoes training to be an Obstetrician & Gynaecologist.

Synopsis:

Any discussion of duty hours is often met with great controversy amongst faculty and residents alike. Originally started in the USA to improve patient safety, duty hour restrictions have been imported to Singapore as part of the revamp in post-graduate medical education. While a clear correlation between sleepiness and error rates is recognised, arguments against duty hour restrictions cite detriments to training opportunities & patient continuity goals as being major drawbacks. A questionnaire-based study was done in NUH in 2012 to review the sleeping habits and sleepiness levels of residents and faculty members using validated scales. This presentation will discuss the results of this study to arm participants with local information on the effects of duty hour restrictions on our residents and faculty members.

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